

Piano Study as a Bridge to Health, Hope, and Meaning - Ridge Performance Studio

This presentation illustrates ways that playing the piano can provide a bridge to hope, meaning, and emotional and psychological health. After a brief introduction, Donna Beech focuses on her experiences with twelve adult students ranging in age from fifty to eighty-five, also sharing videos of seven of them. She concludes with her 15-year-old piano student Eric who has cerebral palsy.

Donna Mulzet Beech

Donna Mulzet Beech received a B.S. in Music Education and an M.M. in Piano Performance from West Chester University, and her DMA from The Catholic University of America in Washington, DC. She is a member of the keyboard faculty of the Music School of Delaware since 1979, maintains an independent studio in Kennett Square, and is an active collaborative pianist and festival adjudicator. She served as PMTA Membership Chairperson for eight years and more recently completed a two-year term as President for DSMTA.

Donna published "Piano Music of Ann Wyeth McCoy" in 2017, completed a second book of Ann's music in 2020, "Of Paintings and a Sculpture", and recorded all 28 compositions from both books in 2022. Also a church musician for most of her life, she recently accepted a new position as music director at St. Michael's Lutheran Church in Chester County.

Donna lives in Kennett Square with her husband Martin and two cats.